



## 2020 CO-CURRICULAR NOMINATIONS HANDBOOK

**St Michael's**  
COLLEGE

### St Michael's College Nominations – BOYS & MIXED

St Michael's College provides a variety of Co-curricular Activities for students to participate in. Participation in these activities provides a great opportunity for students to be more connected to the College, whilst pursuing a passion or learning a new skill. It also provides teachers and parents/caregivers to form partnerships in the education of our students.

Parents are asked to complete the Co-curricular online nomination form and nominate the activities they wish to participate in. Completion of the nomination process will confirm the student's commitment to the activities selected.

Please ensure nominations are completed with parent/guardian before nominating for any activity. Once you have selected yes for a given activity, you have made a commitment and are required to attend training and matches as required.

**Our St Michael's College Co-Curricular policy states that any students representing a club in any sport, at any level, must play for the College in that sport. We are best equipped to do this when we have the full support of parents and students.**

Please note this nomination form is for Term 1 & 4 as well as Term 2 & 3 sport. Students who nominate are required to commit to the sport for the entire semester.

**PLEASE NOTE ALL TEAM NOMINATIONS ARE SUBJECT TO NUMBERS. TEAMS WITHOUT SUFFICIENT NOMINATIONS WILL NOT GO AHEAD**

### St Michael's College Nominations – BOYS & MIXED

St Michael's College is affiliated with the Sports Association for Adelaide Schools (SAAS) and the SA Catholic Secondary School Girls Sports Association (SACSSGSA). The College subscribes to the high standards of competition and code of conduct consistent with our membership of both sporting bodies.

When you complete the online form please keep in mind that you can only play one Saturday sport in Summer, and one in Winter due to fixture clashes. Multiple sports can be played where matches are scheduled on different days. The number of teams the College nominates for sporting competitions are based on the information submitted and therefore, it is important that you only nominate the sports that you intend to play.

### St Michael's College Nominations – BOYS & MIXED

**PLEASE NOTE** – Girls are eligible to play in mixed teams in the boys' competitions as well as the girls competitions (outlined in the GIRLS Co-curricular handbook).

ALL STUDENTS WHO WISH TO PARTICIPATE IN CO-CURRICULAR ACTIVITIES WILL BE PLACED IN A TEAM OF SIMILAR ABILITY/DIVISION

WHERE POSSIBLE ALL STUDENTS ARE PLACED IN A TEAM WITH OTHER STUDENTS OF SIMILAR LEVEL/ABILITY AS LONG AS THERE IS SUFFICIENT NOMINATIONS TO FILL THAT TEAM.

■ community ■ challenge ■ choice



#### SUMMER SPORT – TERM 1 & 4 - BOYS

##### CRICKET

##### TRAINING

- Year 7, 8, 9, 10 & 2<sup>nd</sup> XI – 1 x Weekday afternoon: 3:40pm – 4:40pm
- 1<sup>st</sup> XI – Monday & Wednesday: 3:40pm – 5:00pm

##### GAMES

- Year 7, 8, 9, 10, & 2<sup>nd</sup> XI – Saturday mornings: 7:45am – 11:30am
- 1<sup>st</sup> XI – Saturday afternoons: 11:15am – 5:30pm

**\*Games are played on a home & away basis\***



#### SUMMER SPORT – TERM 1 & 4 - BOYS

##### TENNIS

##### TRAINING

- Year 7 – Monday: 7:30am – 8:30am
- Year 8 – Friday: 7:30am – 8:30am
- Year 9 – Friday: 7:30am – 8:30am
- Senior (Year 10-12) – Thursday: 7:30am – 8:30am
- Drive Team – Thursday: 7:30am – 8:30am

##### GAMES

- Year 7, 8, 9 & 10 Saturday mornings: 8:00am – 10:00am or 10:00am – 12:00pm
- Drive Team: Saturday mornings: 8:00am – 10:00am

■ community ■ challenge ■ choice



#### SUMMER SPORT - TERM 1 & 4 - BOYS & MIXED

##### BADMINTON

##### TRAINING

- All teams (Year 7-12) - Weekday afternoons: 3:40pm - 4:40pm (**\*Specific days TBA**)

##### GAMES

- All teams (Year 7-12): Saturday mornings 8:00am, 9:30am or 11:00am



#### SUMMER SPORT - TERM 1 & 4 - BOYS & MIXED

##### VOLLEYBALL

##### TRAINING

- All teams (Year 7-12) - Weekday afternoons: 3:40pm - 4:40pm (**\*Specific days TBA**)

##### GAMES

- All teams (Year 7-12): Friday Afternoons: 4:15pm or 5:15pm

**\*PLEASE NOTE STUDENTS CAN BE TRANSPORTED TO AND FROM GAMES\***

**Primary Campus**

78 East Avenue  
Beverly, SA 5009

p: 08 8346 6548

smcprimary@smc.sa.edu.au

**Secondary Campus**

15 Mitton Avenue  
Henley Beach, SA 5022

p: 08 8356 5966

smc@smc.sa.edu.au

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#### SUMMER SPORT – TERM 1 & 4 – BOYS & MIXED

##### TOUCH FOOTBALL

##### TRAINING

- All teams (Year 7-12) –
  - Weekday afternoons: 3:40pm – 4:40pm (**\*Specific days TBA**)
  - Weekday morning: 7:30am – 8:30am (**\*Specific days TBA**)

##### GAMES

- All teams (Year 7-12): Wednesday Afternoons: 4:15pm or 5:15pm
- Venue: Greenhill Road Touch Football Fields

**\*PLEASE NOTE STUDENTS CAN BE TRANSPORTED TO AND FROM GAMES\***



#### SUMMER SPORT – TERM 1 & 4 - BOYS

##### WATER POLO

##### TRAINING

- Optional training at Marion Aquatic Centre: Tuesday 4:30pm – 6:00pm (funded by St Michael's College)

##### GAMES

- All teams (Year 7-12): Friday Afternoons: game start times range from 4:00pm – 6:00pm
- Matches are played at Adelaide Aquatic Centre, St Peters College & Pembroke School

**\*PLEASE NOTE STUDENTS CAN BE TRANSPORTED TO AND FROM GAMES\***

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## SUMMER SPORT – TERM 1 & 4 – BOYS & GIRLS

### SWIMMING

#### TRAINING

- Nil

#### MEETS

##### TERM 1 ONLY

- Wednesday afternoons: 4:00pm – 5:00pm
- Meets are held at various schools including: St Peters College, Pembroke School, Westminster College, Immanuel College, & Prince Alfred College.
- **CATHOLIC CO-ED CARNIVAL:** Midweek (6:30pm – 9:30pm) – North Adelaide Aquatic Centre
- **SCHOOL SPORT SA STATE CHAMPIONSHIPS:** Midweek (6:30pm – 9:30pm) – Marion Aquatic Centre

**\*PLEASE NOTE STUDENTS ARE TRANSPORTED TO AND FROM VENUES\***

#### Primary Campus

78 East Avenue  
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[smcprimary@smc.sa.edu.au](mailto:smcprimary@smc.sa.edu.au)

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#### SUMMER SPORT - TERM 1 & 4 - BOYS & GIRLS

##### ATHLETICS

##### TRAINING

- Weekday mornings: 7:30am – 8:30am (\*Specific days TBA)

##### CARNIVALS

##### TERM 1

- **CATHOLIC CO-ED CARNIVAL:** Midweek (9:00am – 3:30pm) – SA Athletics Stadium
- **SCHOOL SPORT SA STATE CHAMPIONSHIPS:** Midweek (9:00am – 3:30pm) – SA Athletics Stadium

##### TERM 3

- **ACHILLES CUP:** Midweek (9:00am – 3:30pm) - SA Athletics Stadium

**\*PLEASE NOTE STUDENTS ARE TRANSPORTED TO AND FROM VENUES\***



#### SUMMER SPORT - TERM 1 & 4 - BOYS & GIRLS

##### RUNNING CLUB

##### TRAINING

- Weekday mornings: 7:30am – 8:30am (\*Specific days TBA)

**\*This activity can be used in conjunction with all sports as extra training as well as a standalone activity for students**

### WINTER SPORT – TERM 2 & 3 - BOYS

When you complete this form please keep in mind that you can only play ONE Saturday morning sport in Winter due to fixture clashes. Multiple sports can be played where matches are scheduled on different days. Please check your nominations for clashes.



### WINTER SPORT – TERM 2 & 3 - BOYS

#### FOOTBALL

#### TRAINING

- Year 7, 8, 9, 10 - Weekday afternoons: 3:40pm – 4:40pm
- 1<sup>st</sup> & 2<sup>nd</sup> XVIII: Tuesday & Thursday afternoons: 3:40pm – 5:00pm

#### GAMES

- Year 7, 8, 9, 10: Saturday mornings: 8:45am or 10:30am
- 2<sup>nd</sup> XVIII: Saturday afternoons: 12:30pm
- 1<sup>st</sup> XVIII: Saturday afternoons: 2:15pm

■ community ■ challenge ■ choice



#### WINTER SPORT - TERM 2 & 3 - BOYS

##### SOCCER

##### TRAINING

- Year 7, 8, 9, 10, & 2<sup>nd</sup> XI - Weekday afternoons: 3:40pm – 4:40pm
- 1<sup>st</sup> XI: Monday afternoons: 3:30pm – 5:00pm

##### GAMES

- Year 7, 8, 9, 10 & 2<sup>nd</sup> XI: Saturday mornings: 8:15am or 9:45am
- 1<sup>st</sup> XI: Wednesday afternoons: 4:00pm – 5:30pm



#### WINTER SPORT - TERM 2 & 3 - BOYS

##### BASKETBALL

##### TRAINING

- All teams (Year 7-12) – Weekday afternoons: 3:40pm – 4:40pm (**\*Specific days TBA**)

##### GAMES

- Middle (Year 7, 8, 9): Saturday Mornings: 8:30am, 9:30am, 10:30am, 11:30am
- Senior (Year 10, 11, 12): Saturday Mornings: 8:30am, 9:30am or 10:30am, 11:30am



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#### WINTER SPORT - TERM 2 & 3 - BOYS & MIXED

##### TABLE TENNIS

##### TRAINING

- All teams (Year 7-12) - Weekday lunchtimes: 1:25pm – 2:05pm (**\*Specific days TBA**)

##### GAMES

- All teams (Year 7-12): Friday Afternoons: 4:15pm or 5:15pm

**\*PLEASE NOTE STUDENTS ARE TRANSPORTED TO AND FROM AWAY GAMES\***



#### WINTER SPORT - TERM 2 & 3 - BOYS & MIXED

##### HOCKEY

##### TRAINING

- Year 7, 8, 9: Weekday afternoons: 3:40pm – 4:40pm

##### GAMES

- Wednesday afternoons: 4:15pm

**\*Hockey teams will be dependent on nominations and numbers\***

**\*PLEASE NOTE STUDENTS ARE TRANSPORTED TO GAMES\***

■ community ■ challenge ■ choice



#### OTHER SCHOOL SPORT SA NOMINATIONS - BOYS & GIRLS

Experienced athletes are able to nominate to represent St Michael's College in the associated SSSSA competitions for the following sports.

**CROSS COUNTRY**

**CYCLING**

**GOLF**

**MOUNTAIN BIKE RIDING**

**PARA ATHLETES**

**SURFING**

**TRIATHLON**

More information will be provided in regards to these sports throughout the year.