



St Michael's
COLLEGE

Year 9

Student Handbook

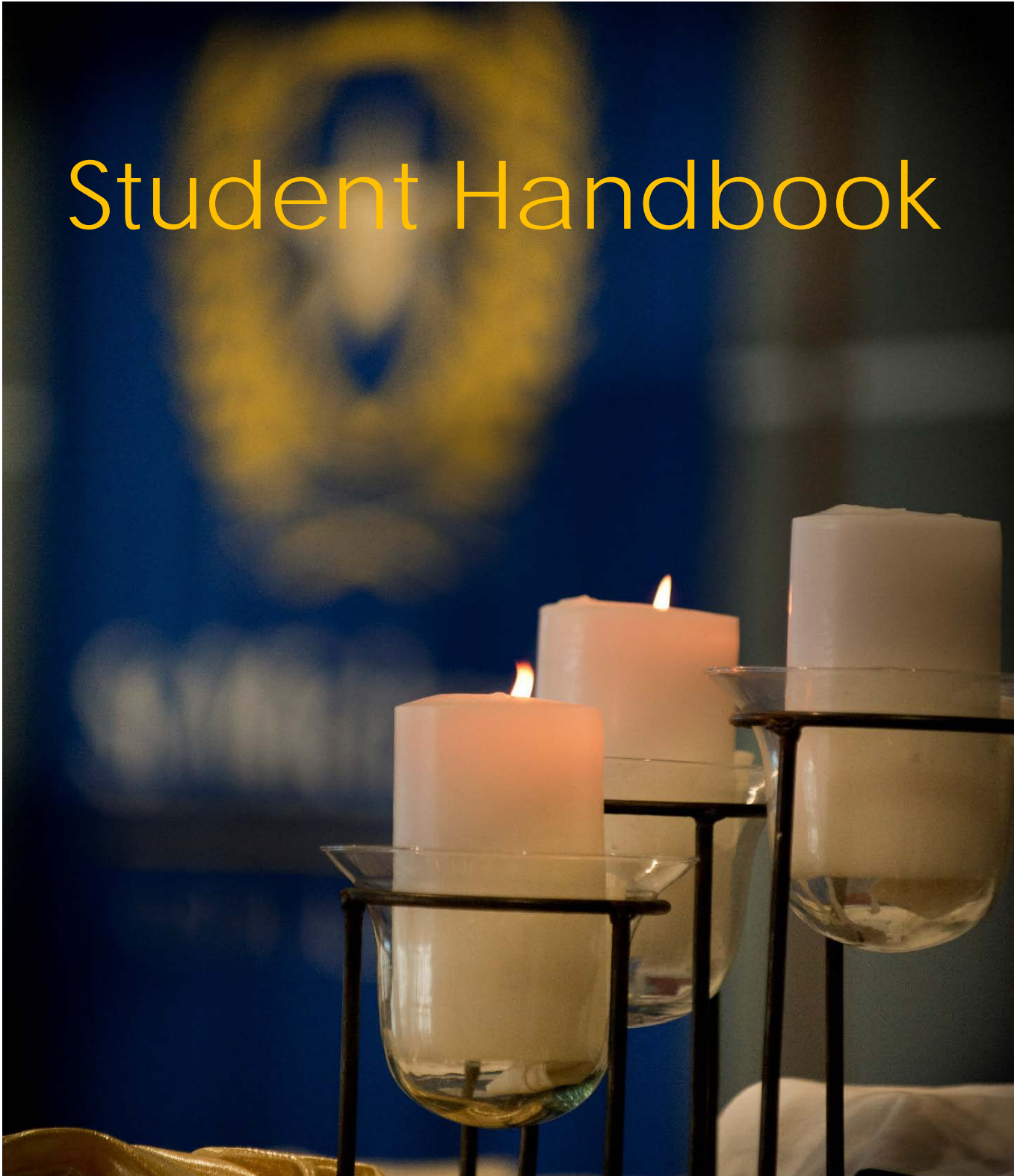


TABLE OF CONTENTS

INTRODUCTION / WELCOME	1
MISSION & VISION STATEMENTS.....	2
SECONDARY CAMPUS MAP	3
STAFFING.....	4
IMPORTANT DATES FOR YEAR 9 2018.....	5
PASTORAL PROGRAM YEAR 9.....	7
COLLEGE DIARY.....	8
STUDENT RESPONSIBILITIES.....	8
PASTORAL CARE	8
UNIFORM.....	8
REPORTS.....	9
HOME STUDY	9
THE COLLEGE DAY – SECONDARY CAMPUS.....	9
ORGANISATION - MANAGING TIME	10
POSITIVE RELATIONSHIPS	10
STUDENT MANAGEMENT	11
CONDUCT IN PUBLIC.....	11
ABSENCES AND LATENESS.....	11
NEWSLETTER	11
VALUABLES/ DISTRACTIONS.....	12
HOT WEATHER	12
UNDERSTANDING CHANGES.....	12
LEAVING SCHOOL DURING SCHOOL HOURS	13
STUDENT SUPPORT - STUDENT SERVICES.....	13
COMMUNITY DAYS	14
CONCLUSION.....	14



Dear Parents, Students and Friends,

The Year 9 Pastoral staff welcome you and your family to the journey in 2018. We look forward to working with you in supporting our students' development as they build on their strengths and participate in activities which contribute to their flourishing and guide them towards being "the best they can be."

This Handbook contains helpful information which will provide an understanding of the Year 9 Pastoral Program at St Michael's College, and points of contact for further information.

Please contact the College if you would like any further information about the contents of this Handbook, or if you wish to discuss any concerns.

Mrs Tonia Carfora
Year 9 Director

Mrs Joanne Gilmore
Assistant Year 9 Director

St Michael's College, Adelaide

A Catholic School committed to a Vision of Lasallian Education

Secondary Campus • 15 Mitton Avenue, Henley Beach, South Australia 5022 • Telephone 08 8356 5966 • Facsimile 08 8356 1092

Primary Campus • 78 East Avenue, Beverley, South Australia 5009 • Telephone 08 8346 6548 • Facsimile 08 8346 9449 •

St Michael's College ABN 89 117 649 420 • Email smc@smc.sa.edu.au • Website www.smc.sa.edu.au



*“To touch the Hearts of your pupils
and inspire them with the Christian Spirit
is the greatest miracle you can perform.”*

St John Baptist De La Salle

MISSION

The human and Christian education of the young, especially the poor.

THE VISION OF ST MICHAEL'S COLLEGE

St Michael's College is a Catholic School committed to the Lasallian vision of education and to challenging and supporting students to “be the best they can be”.

St Michael's:

- Is a community that involves staff, students and their families in learning that affords a deep sense of Catholic identity and enhanced experience of Lasallian spirituality and mission.
- Nurtures enhanced personal and wellbeing outcomes for students.
- Is student-centred, inclusive and respectful of human differences that enrich our community.
- Provides high quality Catholic education that combines the best traditional and contemporary educational practices.
- Prepares students for the broader community and lives of *faith* and *hope*.

SECONDARY CAMPUS MAP



SECONDARY

Principal:
Deputy Principal – Learning & Teaching Excellence:
Deputy Principal – Pastoral:
Director of Curriculum & Assessment Administration:
Director of Pastoral Administration:
Head of Campus Ministry:

Mr John Foley
Mrs Teresa Cimmino
Mr John Lambert
Ms Bron Kemp
Mr Sam Kitschke
Mr Robert Dempsey

CO-ORDINATORS

SACE Coordinator
Gifted & Talented Coordinator:
Boys Co-curricular Coordinator:
Girls Co-curricular Coordinator:

Mr Rocco Schirripa
Mr Stratos Karnas
Mr Jordan Young
Ms Leanne Burton

HEADS OF DEPARTMENT/SUBJECT CO-ORDINATORS

Business:
English:
Health & Personal Development:
History:
Information Technology:
Mathematics:
Science:
Technology Studies:
Visual Arts:
Geography:
Italian:
Director of Music:

Mr Hamish Redden
Mrs Jane Sykes
Mrs Sally Nicholson
Mr Matthew Muscat
Mrs Maria Cardillo
Mrs Anne Finlay
Mr Gavin O'Reilly
Mr Greg Cloy
Ms Nicolle Le-Ray
Ms Catherine Pearce
Ms Angela Benedetti
Mr Tim Donovan

STUDENT SERVICES

Student Counsellors:
Career Counsellor:
College Chaplains:
VET Coordinator:
Administration Assistants:

Ms Ida-Marie Tullio, Mr Anthony Vizaniaris
Ms Rose Coorey, Mr Anthony Vizaniaris
Sr Nithya
Mr Kevin Woolford
Mrs Lynda White & Mrs Nikki Tidd

YEAR 9 PASTORAL STAFF

Year Level Director:
Assistant Year Level Director:

Mrs Tonia Carfora
Mrs Joanne Gilmore

Pastoral Teachers & Rooms:

9B1	Jessica Capitanio	Rm 39
9B2	Sally Nicholson/Craig Burns	Rm 40
9B3	Chloe Harby	Rm 41
9B4	William Benedictson	Rm 42
9B5	Stephen Harvey	Rm 43
9B6	Patrizia Puglia/Peter Zanol	Rm 44
9G1	Elizabeth Axon/Katrin Kingsberry	Rm 45
9G2	Chris Georgiou	Rm 47
9G3	Nancy Ruggiero/Rhiannon O'Hara	T1
9G4	Kathryn Wills/ Angelo Spadavecchia	T2

IMPORTANT DATES FOR YEAR 9 2018

(Subject to Change)

Term 1

30	January	Classes Resume (Years 7-12)
30	January	Year 7 – 12 Welcome Assembly
7	February	Year 7 – 12 Mass 9:00 am
7	February	Parent Evening 7:00 pm (MacKillop Centre)
14	February	Ash Wednesday Liturgy and 7-12 Academic Assembly
26	February	Sports Day
1	March	MAD Launch
9	March	MAD Nomination Forms due
12	March	Adelaide Cup (Public Holiday)
14	March	Brainstorm Performance
29	March	Holy Thursday
30	March	Good Friday
2	April	Easter Monday
4	April	Mass
6	April	Mission Action Day
13	April	Classes conclude

Term 2

30	April	Classes Resume
2	May	Academic Assembly (Years 7-9)
2	May	Parent Teacher Interviews. Early dismissal 12:45pm
3	May	Caica Cup
4	May	Generations of Jazz - Mt Gambier
8	May	Parent Teacher Interviews (Years 10-12) Early dismissal 12:45pm
11	May	Whole College Mass Henley Campus 2:10 pm
		Feast of St John Baptist De La Salle
23	May	Mass
25	May	MAD Quiz Night
28	May	Italian Week
31	May	Year 7-9 Photographs
4-14	June	Life Education
6	June	Year 9 Leaders' Day
6	June	Presentation (MacKillop Centre) - Derrick McManus
8	June	Staff Professional Development – NO CLASSES
11	June	Queen's Birthday Holiday
14	June	Special Photographs (Families, Sons and Daughters)
20	June	Assembly (Founders Hall)
22	June	Sport and Co-Curricular Photos
27	June	Mass
6	July	Classes Conclude

Term 3

23	July	Classes Resume
9	August	Presentation- TBC
13	August	Science Week
20	August	PE Week
22	August	Assembly & 2017 Subject Selection Focus
31	August	Staff Professional Development – NO CLASSES
5	September	Mass
10	September	Parent Teacher Night (Years 7-11) - Early dismissal 12:45pm
19	September	Co-Curricular Assembly Years 8 and 9
18-19	September	Catholic Schools Music Festival
28	September	De La Salle Day - Classes conclude - Early Dismissal 12:45 pm

Term 4

15	October	Classes Resume
17/19	October	Boys Aquatics (Noarlunga)
24	October	Year 8 & 9 Academic Assembly
25	October	Girls Aquatics (West Lakes)
31	October	Mass
8	November	Memorial Mass 7:00pm
9	November	Remembrance Day Ceremony 11:00 am
21	November	ID Photographs
22	November	Year 9 Drama Production 7pm
28	November	Mass
27-8	November	Year 9 Dance Performance 7pm
4	December	Quiz Afternoon
5	December	Pastoral Day
7	December	Classes Conclude - Early Dismissal 12:45 pm

PASTORAL PROGRAM YEAR 9

ST MICHAEL'S COLLEGE EXTENDED PASTORAL PROGRAM (WEDNESDAYS) TERM 1 2018

Week	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1 31 Jan	Welcome Activities and Induction	Pastoral Introduction	Pastoral Pastoral Survey/ Time Management Kindness	Personal Organisation Leadership Nominations	Pastoral Introduction	Pastoral Surveys
2 7Feb	Years 7 – 12 Opening School Mass 9:00 am (FH)					
3 14 Feb	Ash Wednesday in PC followed by Year 7-12 Academic Assembly 9.10am (FH)					
4 21 Feb	Pastoral – Strengths and Weaknesses	Camp	Pastoral Goalsetting/Strengths representation Creativity	Pastoral "Get to know you" activities Athletics Day prep.	Sammy D Foundation (MC)	Mass
5 28 Feb	Mass	Pastoral	Pastoral Goal Setting (SEQTA) Zest	Pastoral	Pastoral	Pastoral
6 7 Mar	Pastoral - Gratitude	Pastoral	Pastoral Cyber safety- Brainstorm preparation Prudence	Mass	Pastoral Care: Speed Dating (Year 12 & LYL Initiative)	Assembly (MC) Retreat Focus
7 14 Mar	Pastoral	Brainstorm	Pastoral Brainstorm Self-regulation	Pastoral Cyber safety preparation (FH)	Mass	Retreat
8 21 Mar	Assembly	Sonya Ryan Presentation	Sonya Ryan Presentation Bravery	Sonya Ryan Presentation	Pastoral	Mass
9 28 Mar	Pastoral H.C Buns	Mass and H.C Buns)	Assembly (FH) Digital Citizenship (Library staff) & H.C Buns Fairness	Pastoral Leader initiated class activities & H.C Buns	Pastoral & H.C Buns	Pastoral Relationships & H.C Buns
10 4 Apr	Retreat	Pastoral Resilience and reflection	Mass Gratitude	Year level Assembly (MC)	Pastoral Care: Overcoming Adversity	Pastoral Achievement
11 11 Apr	Pastoral	Immunisations	Pastoral Wing Chun-Boys (FH) Teamwork	Holy week Mass	Leaders Activity	Assembly (MC) Standards & Achievement

ST MICHAEL'S COLLEGE EXTENDED PASTORAL PROGRAM (WEDNESDAYS) TERM 2 2018

Week	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1 2 May	Academic Assembly Years 7 – 9			Pastoral	Pastoral (Reviewing Reports)	Mass
2 9 May	Pastoral	Pastoral Care Goal setting	Pastoral Care Report Review/goal setting Self- Regulation	Academic Assembly Years 10 – 12		
3 16 May	Assembly	Assembly (MacKillop)	Pastoral NAPLAN Curiosity	Mass	Pastoral	Pastoral Report Analysis
4 23 May	Oval Activities	Pastoral Goal setting Boys and Girls	Mass Forgiveness	Assembly (M.C) Recognition of achievement	Cyber Bullying	Pastoral Relationships
5 30 May	Mass	Organisational skills	Pastoral Leadership	Pastoral	Pastoral Study	Assembly (FH) Research Project
6 6 Jun	Breakfast (w/Yr11)	Mass	Assembly (MC) Derrick McManus Leaders' Day Perseverance	Pastoral Information for upcoming subject selection	Breakfast	Pastoral Standards and Building Relationships
7 13 Jun	Pastoral	Attitudes for success	Pastoral Overcoming the negativity bias Teamwork	Assembly (MC) CAD/RAD focus	Mass	Pastoral Breakfast
8 20 Jun	Pastoral	Assembly (MacKillop)	Assembly (FH) Growth Mindset Hope	CAD/RAD City/Eagles football club	Pastoral - Exam Preparation	Mass
9 27 Jun	Assembly	Pastoral	Mass Spirituality	Pastoral Breakfast and activities	Exams	Pastoral Seminar Day Prep
10 4 Jul	Mass	Oval Activities	Pastoral Wing Chun- Girls (FH) Humour	Pastoral	Exams	Assembly (MC) Mid-Year Exams/Careers

ST MICHAEL'S COLLEGE EXTENDED PASTORAL PROGRAM (WEDNESDAYS) TERM 3 2018

Week	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1 25 Jul	Years 7-9 Academic Assembly			Pastoral	Mass	Trial Exams
2 1 Aug	Pastoral	Mass	Care of Me Presentation (FH + TBC) Love	Years 10-12 Academic Assembly		
3 8 Aug	Mass	Digital citizenship	Pastoral Report Review and Goal - setting Judgement	Assembly (MC) Subject Selection	Reflection Day	SATAC Grab Bags
4 15 Aug	Pastoral	Pastoral Digital citizenship	Pastoral Retreat preparation Bravery	Mass	Subject Selection Assembly (MC)	Pastoral SATAC focus
5 22 Aug	Assembly (FH) Subject Selection	Assembly (FH) Subject Selection	Assembly (FH) Subject Selection Leadership	Assembly (MC) Girls only – wellbeing focus	Pastoral - Mock Subject Selection Forms	Mass
6 29 Aug	Assembly	Mass	Pastoral Contemplating thanks Gratitude	Pastoral Leader initiated activities	Leadership Assembly (FH)	Assembly
7 5 Sept	Pastoral	Pastoral Cyber bullying	Mass Humility	Pastoral	Police Driver Education (MC - L1&2)	Pastoral Relationships
8 12 Sept	Pastoral	Butterfly Foundation Girls Assembly (MC)	Butterfly Foundation Girls Assembly(MC) Teamwork	Pastoral Care (Prep Thursday – Mt Lofty Walk F.H)	Mass	Pastoral Study/Relationships
9 19 Sept	Co-curricular Assembly (FH)			Assembly (MC) Police Driver Education	Pastoral - Review Goals/ Progress	Mass
10 26 Sept	Breakfast (w/Yr.11)	Co-curricular Activity: "Tug Of War"	Co-curricular Activity: "Tug Of War" Zest	Mass	Breakfast (w/Yr.7)	Assembly (MC) Upcoming events

ST MICHAEL'S COLLEGE EXTENDED PASTORAL PROGRAM (WEDNESDAYS) TERM 4 2018

Week	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
1 17 Oct	Pastoral	Pastoral	Pastoral Boys Aquatics 17.10 and 19.10 (West Lakes Social Intelligence	Academic Assembly Years 10 & 11 (FH)		Mass
2 24 Oct	Mass	Academic Assembly (FH)		Mass	Assembly House Captains (MC)	Pastoral Achievement
3 31 Oct	Academic Assembly (Double Room)	Pastoral Welcome Letters Immunisations	Mass Spirituality	Assembly CanTEEN (L.T) guest speaker	Pastoral ID Photos	Study Week
4 7 Nov	Pastoral Welcome Letters	Mass	Pastoral Report Review and Goal Setting Fairness	ID Photos Exam prep Study habits focus	Pastoral	Exams
5 14 Nov	Assembly	Pastoral	Assembly FH Relationships Perspective	Pastoral Breakfast	Mass	Exams
6 21 Nov	Pastoral	Assembly (MC)	ID Photos Pastoral/Year in Review Hope	Mass Locker clean out	Exams	-
7 28 Nov	ID Photos	ID Photos	Mass Kindness	Exam week	-	-
8 5 Dec	Pastoral Day Venue TBC	Mass Pastoral Day – AMF Bowling	Pastoral Day Glenelg Gratitude	-	-	-

COLLEGE DIARY

The College Diary is an important learning tool. It is the student's responsibility to look after it and ensure that it kept in a clean and orderly fashion.

It is also a record of communication between home and the College and should be used for the recording of notes to teachers.

The diary provides important information, including College policies and guidelines, which should be read carefully. Both students and Parents/Carers are asked to sign the "College Policies and Guidelines" page to acknowledge that they are familiar with the information in the diary. Parents should also check their child's diary and sign it weekly, as this is a stimulus for discussion around work completion and College responsibilities and events.

STUDENT RESPONSIBILITIES

Virtues are learned over a period of time, as the result of practice and education. Students are guided towards developing healthy behaviours so that they are:

- AWARE that we create our own future as a consequence of our actions
- RESPECTFUL of others and their property
- STUDIOUS and WELL ORGANISED
- CARING of others and school resources
- HONEST
- PUNCTUAL
- WELL PRESENTED
- SELF DISCIPLINED
- POSITIVE and INVOLVED
- COURTEOUS
- SAFETY CONSCIOUS
- MINDFUL to enhance the College reputation

Be the Best THEY can be!

PASTORAL CARE

Pastoral Care is from 8.45 am to 9.00 am each day. There are also extended lessons on Wednesdays from 8.45 am – 9.40 am to incorporate Masses, Assemblies and Year Level specific activities. All students are expected to participate in these activities, as they form an important part of our Community life.

Pastoral Care lessons usually focus on holistic student development and nurture wellbeing, strengths and positive relationships so that students can develop reason, the good judgement to act fairly, and contribute to their own flourishing and that of others.

UNIFORM

In keeping with the notion of holistic growth and positive behaviours, the school uniform should be worn correctly at all times within and outside the school grounds as detailed in the College Diary. Our presentation says much about what we feel is important, and as a result it is important that we work together on this element of our identity.

While most students wear their uniform appropriately, others may need intermittent reminding. Parental support in ensuring that students present themselves in accordance with College guidelines is essential. Jewellery, hair, makeup, nails and the tucking in of shirts are areas that often require attention. Where repeated reminders become necessary, parents will be informed and consequences may become necessary.

REPORTS

Reports are issued electronically 4 times per year, at the end of each term.

Outside of the reporting cycle, parents may receive a College notification in the form of a Progress Report, or Pastoral Comment which can be issued at any time. The purpose of these advices is to inform of commendable achievements, or of other matters requiring attention.

If parents are concerned about any aspect of their child's education, they are encouraged to contact staff as soon as possible to discuss their concerns. Email may be the easiest manner as a first option, due to class commitments.

HOME STUDY

It is likely that homework will be set on most nights. In Year 9 home study of 1-2 hours per night usually ensures the completion of the required study load, or reinforces classroom learning. Some time on weekends may also be needed to finish assignments.

Home study tasks emphasise skill reinforcement and development, and nurture time management and organisational skills. Time spent on home study is also effective in developing skills as an independent learner, outside of the formal school setting.

SEQTA can be accessed electronically at any time to check on homework commitments, resources and results.

THE COLLEGE DAY - SECONDARY CAMPUS

Movement Bell	8:40 am
Pastoral	8:45 am
Lesson 1	9:00 am
Lesson 2	9:40 am
Lesson 3	10:20 am
RECESS	11:00 am
Movement Bell	11:20 am
Lesson 4	11:25 am
Lesson 5	12:05 pm
Lesson 6	12:45 pm
LUNCH 1	1:25 pm
LUNCH 2	1:45 pm
Movement Bell	2:05 pm
Lesson 7	2:10 pm
Lesson 8	2:50 pm
DISMISSAL	3:30 pm

ORGANISATION – MANAGING TIME

Devoting adequate time for organisation is one of the major keys to success. Being organised takes time, so it is essential that students place a high priority on preparing for each day the night before at home. Avoid the morning rush as this causes things to be forgotten, over-looked or misplaced.

Using time effectively is an important skill for secondary school students. Time management can be applied to study and lifestyle activities such as exercise, sporting activities and even getting the most out of leisure time. Encouraging good time-management habits now lays the foundation for good habits later in life.

Basic time management for each child includes:

- Using a school diary and checking this before going home to ensure all necessary items are taken home for homework completion.
- Develop focused study habits away from distractions, including those of the device kind.
- Drawing up a simple study timetable to record key dates, study requirements, deadlines for assignments, etc.
- Setting a priority against each task to help achieve goals, rather than being overwhelmed by leaving things to the last minute.
- Using a “to do” checklist.
- Celebrating the accomplishment of completion to deadline.

An appropriate home work space is the ideal. Depending on the student, it may be advantageous for him/her to be in a public space in the home which is not the centre of too many distractions. Students should set aside a consistent time to study in the evening, in a quiet space if possible, and allow themselves time within the planned timetable for their preferred pastimes. Regularly viewed TV programs, club activities and sport should all be part of the timetable. The careful monitoring of devices during home study time is advisable.

POSITIVE RELATIONSHIPS

St Michael’s College is committed to ensuring the provision of a safe and caring community to which all students bring a sense of commitment and belonging. Positive relationships are at the core of the Lasallian ethos, and as such, are an important part of the Pastoral Care Program.

All parents want their child to be happy and flourish and to be reassured that their child is not going to be bullied, harassed or intimidated at school. They also don’t want their child to create such situations for others. It is an issue that St Michael’s College always takes seriously.

Bullying occurs when someone acts aggressively towards another person to gain power over them on a repeated basis. It is a deliberate attempt to make the other person feel uncomfortable or unhappy. It can happen verbally, via SMS or email, through physical abuse or social harm.

In addition to the focus on positive behaviours, St Michael’s has an anti-bullying plan, which includes key strategies for managing bullying, harassment and intimidation. A key pastoral focus for Year 9 is the building of positive relationships through effective anti-bullying programs such as Brainstorm Productions Performances. A focus the development of healthy and respectful relationships, and the avoidance of bullying and harassment is central to the Pastoral Program.

POSITIVE BEHAVIOUR STANDARDS

An excellent start to positive behaviours at school include:

- Following the school's dress code.
- Arriving at school and lessons on time.
- Being respectful towards teachers and other students.
- Showing reverence and respect for the learning tone and environment in all classes.
- Engaging in learning using time well
- Demonstrating a willingness to learn from challenges and considering learning experiences as opportunities for growth.

STUDENT MANAGEMENT

Most students are responsible and exercise good judgement and this enables them to cope with the pressures of school and makes learning an enjoyable and fulfilling experience.

When the St Michael's Student Responsibilities are not being met, actions are taken to guide students on improved choices and better judgement.

Where considered appropriate, subject teachers issuing a detention do so by notifying the student's primary carer(s). The Year Level Director may issue a Detention which signifies a serious or repeated breach of the College's student code of conduct. All detention notes sent home must be signed by a parent/caregiver and will outline the reasons for, and the day and time, of the detention. Detentions can be scheduled for Wednesdays and Thursdays from 3:30 pm to 4:15 pm.

CONDUCT IN PUBLIC

Students travelling to and from school by public transport are expected to behave in a positive, courteous and socially acceptable manner, for example: appropriate dress, being seated, talking quietly and complying with the expectations of transport authorities. Any complaints received from transport authorities will be communicated to parents as they are managed by the College.

ABSENCES/LATENESS

If a student is not able to attend school, then we ask **that parents ring the absentee line - 8150 2323 by 9:30 am**. If there has been no communication between home and school by that time, then the College will contact parents/guardians via SMS message to ensure the student is safe and that his/her absence is explained.

NEWSLETTER

The Star, the College newsletter, is another important communication link between home and school. It is a weekly newsletter containing up-to-date College information which is issued electronically each Thursday. Parents receive a copy of *The Star* via their email address and access is also available via the College's website: www.smc.sa.edu.au. A hard-copy may be collected from the Administration office. To update email addresses, please contact the Administration office by phone or via smc@smc.sa.edu.au.

VALUABLES/DISTRACTIONS

Large amounts of money and/or valuables should not be brought to school, as teaching staff will not assume responsibility for such items. Please note that students are not permitted to use their mobile to contact parents unless given permission by a staff member. Parents are also asked not to contact students via devices during school hours. In cases of emergency, parents are asked to ring the College Administration Office on 8356 5966.

Recreational items, which can provide a distraction to students' learning, should be left at home. If present at school, such items will be retained by the teacher and returned upon parent/caregiver/teacher negotiation.

Appropriate sports equipment for play during recess and lunch breaks is permitted and encouraged. The College issues equipment on loan to students during these times.

HOT WEATHER

The College does not have an "early dismissal" policy for hot weather. Teachers will modify lessons appropriately in consideration of "extreme" weather conditions; particularly lessons such as PE. All rooms within the College are air conditioned. After-school sports training is automatically cancelled if the forecast temperature is 36°C in the preceding day's *Advertiser*.

UNDERSTANDING THE CHANGES

Attending St Michael's (Secondary) is an exciting and, at times, challenging experience for all students. From day one in Year 9 there may be many new elements to embrace and understand.

A wide range of initiatives and activities support students' flourishing through Pastoral Care. Some of these include:

- Introduction to Year 9
 - Parent Evening
 - Pastoral Activities- team building
- Lasallian Community
 - Mission Action Day
 - De La Salle Day
 - Co-curricular involvement
 - Stewardship
 - Fundraising/ social justice initiatives
- Building Relationships
 - Student Survey
 - Year 9 Retreat
 - Positive relationships presentation
 - Aquatics Days
 - Wing Chun
 - Tug Of War
 - Pastoral Day- Beach House and Cinema
 - Year 9 Quiz Afternoon
- Developing Resilience and Well-being
 - Year Level Assemblies
 - Character strengths
 - Growth Mindset focus
 - Overcoming the negativity bias
 - Term goal setting and review
 - Mindfulness practise
 - Gratitude focus
 - Life Education
 - Body Image (Butterfly Foundation) presentation
 - Body image presentations (family) (proposed)
 - Self esteem (Beautiful Mind) presentation (proposed)
 - RU OK?
 - Strengths based coaching
 - Access to counsellors (strengths-based coaching and personal counselling)
- Faith and Spiritual Development
 - Daily prayer
 - Weekly character strength focus
 - Weekly strengths- based quote and tips
 - Weekly Chapel services integrating strengths
 - Year Level and Whole School Masses
 - Year 9 Retreat
- Cyber safety and Digital Citizenship
 - Digital Citizenship and cyber safety
 - Resource Centre, Brainstorm, Sonya Ryan Presentations, Pastoral Lesson on Cyber issues- ACMA Cyber smart
- Establishing standards and expectations
 - Goal setting and review
 - Uniform and grooming standards and College Policies
 - Strength based behaviour guidance
- Celebrating achievement
 - Awards and Co-curricular Assemblies
 - Report monitoring by Year Level Director and Assistant Director
 - Acknowledgment of Commendations
- Student Leadership
 - Student led weekly Chapel services
 - Weekly College Leader meetings
 - Pastoral based leadership formation
 - Y-Lead Conference for Student leaders
 - Authentic Leadership (Derrick McManus) Presentation

Bags

Year 9 students are required to be ready to start Pastoral Care by 8:40 am. School bags must be stored in lockers and secured with a school approved padlock. From time to time lockers may be checked for student safety. For student health reasons, back packs are NOT to be carried during the day. Small PE bags may be used to carry books and PE uniforms. These procedures are in place to comply with Occupational Health and Safety laws and provide for the safety and comfort of all students.

LEAVING SCHOOL DURING SCHOOL HOURS

Students are not permitted to leave the school grounds without signed permission from their parent/guardian, Pastoral Teacher and Year Level Director. Students must also sign out via the Front Office.

Students who are unwell must go to the front office. Students are not able to ring or message parents to pick them up. This is done only by a teacher or office staff with the approval of the Year Level Director.

STUDENT SUPPORT – STUDENT SERVICES

The following College Departments are managed by the Student Services Department and are a part of St Michael's College's commitment to the academic growth and flourishing of all students. You are invited to contact any one of the services listed below for assistance at any time.

Careers and Academic Counselling

Assists students with their career pathways which may be into tertiary studies or into full time employment – students are assisted with their career and subject choices to best position them for their future direction.

Vocational Education and Training (VET)

Assists students who are not going into university, but are looking for other career pathways - not available until Year 10.

English as an Alternative Language

Is part of our mainstream curriculum and supports students whose first language is not English with intensive English language support.

Learning Support – Special Education

Supports students with diagnosed learning difficulties who can benefit from specialised support.

Personal Counselling and strength based coaching

Available to students who are experiencing a variety of difficulties ranging from school based issues, to family and relationship issues, and who may benefit. Beginning a new school year can be quite daunting for some students, so we encourage students to come and see us if they are at all concerned about anything. We find early intervention for any difficulties which students might be experiencing offer the best opportunity for a positive outcome.

Grief Counselling

Our Chaplain, Sr Nithya, works in an Outreach capacity supporting students and their families who are dealing with grief through serious illness or the death of a loved one.

St Michael's Outreach Education Program

Is committed to supporting a number of students from war torn countries through the mainstream EAL program.

The De La Salle Program

Is run throughout the second semester of the school year to assist selected students with intensive academic support and work experience pathways.

Please do not hesitate to contact us and come and speak with us if you have any concerns at all.

Time Management and Organisation / Student Empowerment

Short term courses run for students whose ability to flourish will be supported by these programs.

COMMUNITY DAYS

In accordance with the College's vision to develop a community of spiritual, academic, cultural and physical vitality, special community days highlighting a sense of connectedness and meaning are organised during the year.

These include such occasions as Sports Day, MAD (Mission Action Day), De La Salle Day (Founder's Day) and the Year Level Retreat and Activity Days (Aquatics). These days are **COMPULSORY** school attendance days that have been planned and budgeted for in anticipation that all students participate. We thank parents in anticipation for their support of these days by ensuring that all students attend.

Students who, for genuine illness or other reasons, are unable to attend on these days, are required to provide a written explanation from their parent/caregiver to the Year Level Director via the Pastoral Teacher.

CONCLUSION

Each new year is a time of new resolve, new goals and new experiences. Nevertheless, the foundations which we, as a community, establish this year will largely determine the depth and breadth of learning experiences and opportunities your child will embrace successfully in the forthcoming years of secondary education. With your support and God's blessing, we will strive to make that foundation rich and rewarding so that your child may go forward with abilities to facilitate their holistic development into their subsequent years of learning at St Michael's College and beyond.

We look forward to journeying beside you this year.

Mrs Tonia Carfora
Year 9 Director

Mrs Joanne Gilmore
Assistant Year 9 Director